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**Brandi Varnell, RN**

**Health Science & Sports Medicine Instructor/ HOSA Advisor**

**Sultan High School**

**1000 Turk Drive**

**Sultan WA, 98294**

3/22/2024

Dear Sultan Education Foundation:

My name is Brandi Varnell, RN and it is my pleasure to write to you with professional and academic recommendation for applicant Grace Plummer and her application for Sultan Education Foundation Scholarship. Grace is a highly successful senior in the Health Science programs at Sultan High School, graduating in June of 2024. This is her fourth consecutive year of study in Health Sciences at Sultan High School, following a path of increasingly complex rigor and subject matter including Anatomy and Physiology, Exercise Science, Disease, Illness and Injury Recognition and Prevention and Clinical Skills Practice in our Advanced Sports Medicine Program. Grace is mature, thoughtful, self-disciplined, and holds outstanding comprehension of complex medical and biological theory. She is one of the most mature and organized students I have ever had the pleasure of working with, and consistently performs academically at the top of her class.

Grace is an organized compassionate leader in the Health Science programs at SHS, serving as the SHS *HOSA-Future Health Professionals* Chapter Vice President for two consecutive years. She has successfully led our HOSA chapter to complete multiple successful community service projects over the course of her vice presidency; Three successful Coat Drives to serve our local community food bank, Community, School Staff/Student Blood Typing Days, Community and School based Blood Drives, She is part of a State placing Health Education team, where she and three of her peers planned and executed targeted peer to peer classroom teaching and outreach to address the growing number of middle school students who are using nicotine products and vaping in our community. Grace is also a part of Sultan’s first National Qualifying Anatomy Team, placing sixth in the Nation in 2023—and has earned a second position on the National Anatomy Team who will compete in June 2024.

Grace is an enthusiastic student with a natural ability to balance a very busy academic schedule with her athletic participation schedule. As such, she focuses fully while in class, and focuses fully on her other commitments to athletics by planning well. She is well liked and respected by her peers and has an innate ability to make all students feel welcome in many different settings from SHS ASB to the health science classroom to the Soccer Field, Track, and Gymnastics Mat. She exemplifies the qualities of a future healthcare leader. Curious and driven, I know Grace will make good use of scholarship funds, as she has been accepted to the University of Washington and plans to pursue a future career as a Physician. Please consider her application with my absolute and wholehearted recommendation. Feel free to reach out to me with any questions at all. My contact information is listed below.

Sincerely,

Brandi Varnell, RN

Brandi Varnell, RN

Health Science & Sports Medicine Instructor—CTE Department

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